



How can you be a *Superhero of Inclusion?*

Here are a few tips from **SuperBrady**:

- 1. BE KIND:** Don't make fun of someone because they look or act differently than you
- 2. BE FRIENDLY:** If you are unsure how to approach someone, ask a teacher or parent for advice on how to talk to them; even just saying Hi could make someone's day
- 3. BE PATIENT:** Support your classmates when they are answering questions, doing classwork, or playing a game; it might take them longer to communicate their thoughts
- 4. BE UNDERSTANDING:** If a classmate stands too close, or doesn't look at you when they talk, they aren't being rude; they may have trouble with some social skills
- 5. BE CREATIVE:** Find roles for everyone when working on group projects; everyone has strengths
- 6. BE HELPFUL:** Lend a hand opening a door, helping with classwork, or picking out a library book
- 7. BE INCLUSIVE:** Invite classmates of all abilities on playdates and to parties or to group chats
- 8. REMEMBER:** A Superhero of Inclusion doesn't let a lonely classmate Sit, Eat, or Play Alone